

ORA FAIR ICE POLICY

ORA Fair Play Ice Policy

12. 1. Play Fair

Winning is pointless if it has been achieved unfairly or dishonestly.

Remember: It is a game.

2. Play to win but accept defeat with dignity

Play to win, until the final whistle. But remember nobody wins all the time. You win some; you lose some. Learn to win and lose graciously.

3. Observe the Laws of the Game

All games need rules to guide them.

Learn them; it will help you to understand the game better. It is equally important to understand the spirit of the rules. They are designed to make the game fun to play and fun to watch.

4. Respect all players, coaches, officials (on and off ice) and spectators

Fair play means respect.

- i. Without opponents, there can be no game
- ii. Form a team in which all members are equal.
- iii. Officials are there to maintain discipline and fair play. Always accept their decisions without arguing, and help them to enable all participants to have a more enjoyable game.
- iv. Spectators give the game atmosphere. They want to see the game played fairly, but they must also behave with respect.

5. Promote the interest of Ringette

Encourage other people to watch and play fairly. Be an ambassador for the game.

6. Honour those who defend Ringette's good reputation

Sometimes, somebody does something exceptional that deserves our special recognition they should be honoured and their fine example publicized.

7. Reject corruption, drugs, alcohol, racism, violence and other dangers to our sport.

- i. Watch out for attempts to tempt you into sheating or using drugs. Drugs have no place in ringette, in any other sport, or in society as a whole. Say no to drugs.
- ii. Help to kick racism and bigotry out of ringette. Treat all players and everyone else equally, regardless of their religion, race, gender or national origin.
- iii. Show that ringette does not condone violence.

8. Help others to resist corrupting pressures.

You may hear that team-mates or other people you know are being tempted to cheat in some way or otherwise engage in behavior deemed unacceptable. They need your help. Support them in making the right choices.

9. Denounce those who attempt to discredit our sport.

Stand up to anybody who is encouraging others to cheat or engage in other unacceptable behavior. It is better to expose them and have them removed before they can do any damage.

	U-10	U-12		U-14		U-16		U-19	
GAME TYPE	REGIO NAL	REG	PRO V	REG	PRO V	REG	PRO V	REG	PRO V
LEAGUE – DEVELOPEMENT GAMES (1ST PART OF THE SEASON)	E	E	E	E	D1	E	D1	E	D1
LEAGUE – COMPETITION (2ND PART OF THE SEASON)	E	E	E	D1	D1	D1	D1	D1	D1
TOURNAMENTS/ REGIONALS/ PROVINCIALS	E	D1	D1	D1	D1	D1	D2	D1	D2

EQUAL (E): Is defined as equal ice-time every game to the best ability of the coach, allowing for the uncertainty in the frequency in stoppages of play.

GOALTENDERS: Goaltenders have the option of changing at half-time of each game or playing full games as long as they have equal game time throughout a season and/or tournament. Goaltenders are restricted to a one game differential throughout the season or tournament. The championship game in a tournament is excluded from this definition **FOR GOALTENDERS ONLY**. Coaches may play either goaltender. There is an expectation that throughout the season, each player will have accumulated approximately the same amount of ice time, to the best abilities of the coaches, excepting any differences as described in discretion 1 or 2.

DISCRETION 1 (D1): Is defined as equal ice time every game, however, there is the ability for a coach to use select players in the last two minutes of regulation time, overtime and any situation that does not require 5 skaters vs. 5 skaters.

DISCRETION 2 (D2): Is defined as the ability for a coach to use players anytime during the game as they decide.

Any grievances should be addressed to the home association.